

CONCEPTUAL MODEL

- A Model is a means of organizing a complex body of knowledge.

Related to

Ex: Linkage between various concepts related to human behaviour may be represented in the form of a model.

EXISTENTIAL MODEL

- It rather than his past ones on a persons present experience by Perls etal.,

Roles of patient and therapist

Application to nursing

PSYCHOANALYTICAL MODEL

- All Human behaviour is caused and thus capable of explanation, it is from birth to old age is driven by an energy called the libido
- Ex Hunger, thirst, elimination and sex
Psychoanalytical process explains
ID, EGO and SUPEREGO

BEHAVIOURAL MODEL

- All behaviors are learnt and response to a stimulus. Human beings are passive organisms can be conditioned and rewarded
- Maladaptive behaviours can be unlearnt and replaced by adaptive behaviour
- Therapeutic approaches
- Systemic desensitization, Token reinforcement, shaping, chaining and prompting

INTERPERSONAL MODEL

- Human beings are essential beings and personality determined in the context of social interaction
- Anxiety plays a major role
- Self esteem
- Security mechanism
- Early Life experieces
- Human Development